

# Angels of the Last Days

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##### INTRODUCTION:

Encountering God by using the three powers of the soul is within the grasp of every human being. This type of encounter is called mental prayer. While taking a novena of trips (nine times) to Medjugorje, Father Francis Budovic S.J., felt inspired to start a lay apostolate to encourage mental prayer. Every creature of God has a purpose or "mission" in life. Mental prayer will help souls understand their purpose and obtain strength to fulfill their mission. Even souls who know their mission in life, or have an apostolate, will benefit by mental prayer.

The true Spirit of Vatican II (Lumen Gentium chapter IV) calls for the "Lay People" to become more active in evangelizing the secular world. (33) To be the Salt of the Earth. The Angels of the Last Days can be the "Salt" for all apostolates because mental prayer is vital for members to be an effective instrument of the Holy Spirit.

The first official Angels of the Last Days' retreat was held in January 1996, in the suburbs of Chicago.

Fr. Francis suggested a "Constitution" for the lay apostolate, as the number of Angel members increased. An Angel member, who is a third order Dominican, felt inspired during a pilgrimage to Medjugorje to write this "Constitution", based on Fr. Francis teaching of mental prayer.

Father Francis is a Jesuit priest. The founder of the Jesuit order is Saint Ignatius of Loyola. Saint Ignatius wrote the "Spiritual Exercises". Religious orders and diocesan priests from all over the world use the "Spiritual Exercises" for retreats to help them grow in mental prayer which strengthens and supports their ministry to serve Jesus Christ.

The "Angel of the Last Days" will be an apostolate for the New Millennium. It is not meant to replace other apostolates, but to strengthen them.

The "Angel members" of this lay apostolate, will receive grace and instruction to learn how to meditate, so they can teach others how to meditate. Mental prayer will greatly strengthen and support the lay people in however they choose to serve Jesus Christ, the King of Kings.

##### I. ANGEL MEMBERSHIP AND THE VOW:

In order to become an Angel member, you must take a vow. A vow is very sacred,

and in order to take the vow, you have to sincerely want to be united with God forever in Heaven someday.

The vow is: "I name promise to beg God for the grace, that the three powers of my soul:

1. The Memory. 2. The Intellect. 3. The Will. will be for the greater glory of God."

The primary focus of the Angel members will be to renew the vow often. In God's time, the Holy Spirit will place the burning desire into your soul to read the thirteen scripture passages of Angels in order to live out the Angel member's mission. These scriptures are found in Section II.

NOTE: This burning desire will occur at different times for different people. Therefore, focus on renewing the vow, and God will let you know when the time is right for you.

Remember, "Ask and you will receive, seek and you will find, knock and it shall be open to you." (Matthew 7:7) God wants to give us graces, but He wants His children to ask for these "Good Things". As the Angel members beg God for these graces, God in His infinite Love will be happy to shower down graces upon us. God's graces will sprout up saints upon the earth, the same way the rain causes flowers to sprout up in spring time.

#### I.1 ANGELS OF THE LAST DAYS:

Throughout all history, God has used angels to accomplish His Holy Will. The Angels of the Last Days will be dedicated to learn how to meditate and then teach others how to meditate.

In the Lord's prayer, Jesus gave us a prophecy. "Thy Kingdom come, Thy Will be done on earth as it is in Heaven." This will happen! The mental prayer will help us to live God's Holy Will in our daily lives and help bring about Jesus' Kingdom on earth as it is in Heaven.

The Angel Members will be required to:

1. Renew the vow often.
2. Study and live the constitution by watching, listening to, and imitating the Heavenly angels. By this means, the Holy Spirit will speak to the Angel member and also use his/her individual talents to meditate, and to teach others how to meditate.
3. Thank God as He gives the gift of mental prayer.

#### I.2 RENEWAL OF VOW:

The vow is to be renewed often, every day if possible. If something makes an Angel member think of an Angel, then say the prayer. "Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

This grace that God will give us is very important to our souls. Remember, the soul is the part of us that lives forever. Our soul will live forever happy with God in Heaven, or forever tortured with Satan in the fires of Hell. We choose, with the power of our will, a life style on earth which dictates our future reward.

It is recommended to write the vow on a picture of an "Angel Scene", sign and date it. Place the picture in a location that will make it easy for you to repeat the vow often.

In order to become masters of mental prayer, we must also build up the soul with spiritual exercises, particularly, daily prayer and the Saint Ignatius of Loyola's spiritual exercises. For a place to start, Our Lady of Medjugorje recommends the daily "Peace Rosary". This consist of the Apostles Creed and seven "Our Fathers, Hail Marys, and Glory Bes." A spiritual exercise is something that exercises or builds up the three powers of the soul.

If we are faithful to the vow, much graces will be received. With this grace, mental prayer will make the faith come alive for us. The Angel members will say, similar to the two disciples who met Jesus on the road to Emmaus, "Was not our heart burning within us, while (Jesus) spoke and opened to us the scriptures?" (Luke 24:32)

This burning desire will help us live the "Constitution". Angel members will not only do spiritual exercises, but this burning desire will have our souls "Training for the Olympics of spirituality."

### 1.3 What is meant by "Angels"?

Angel means "messenger servant of God". Angels are messengers by their function, not by their nature. By nature, Angels are pure spirits. Similarly, we are angels by function, not by nature. By nature, we have a body and a soul.

The Bible states that we are created less than the Angels. (Psalm 8:6) (Hebrews 2:7) However, Jesus gave us opportunities on earth to build up our treasure in Heaven (Matthew 6:20). The Devil tries to trick us to foolishly break our covenant with God thus giving away our Heavenly inheritance and spending all of eternity as slaves to him. Mental prayer will help us to make wise decisions in regards to things on earth and in Heaven.

The New Catechism of the Catholic Church states that "Christ is the center of the Angelic world. They are His Angels." (#331) and "The whole life of the Church benefits from the mysterious and powerful help of Angels." (#334)

For the most part, Angels are invisible because they are pure spirits. Angel members will strive for profound humility so the work will become visible only when God wills it.

Angel members will pray for humility and purity. Obtaining these virtues will always be the biggest battle mankind faces. Pray not only for purity in body, but for purity in your intentions as well. Ulterior motives gives the devil more opportunities to interfere with your missions.

NOTE: For the Angel members who belong to the mystical Body of Christ, there are two things we can do on earth as "adopted sons of God" which the Angels can not do in Heaven.

1. We can receive Holy Communion in our bodies.
2. We can offer up sacrifices to God. Offer our sufferings in union with Christ to the Father.

Therefore, the Angel members will both listen to and imitate the Angels in Heaven and focus on these "Two important things" to best help bring about Jesus' Kingship on earth as it is in Heaven. This will help us to be an imitation of Jesus Christ, or to become a Saint.

#### I.4 What is meant by "Last Days"?

Peter our first Pope describes the "Last Days".

After the Ascension of the Lord, they were persevering with one mind in prayer with the women, and with Mary the Mother of Jesus and with His brethren.(Acts 1:14)

On Pentecost Sunday, there came a sound from Heaven, as of a mighty wind coming, and it filled the whole house where they were sitting. There appeared to them parted tongues as it were of fire, and it sat upon every one of them. They were all filled with the Holy Spirit and began to speak....

(Acts 2:2-4)

Peter standing up said;... "It shall come to pass, in the "Last Days", says the Lord, I will pour out of my spirit upon all flesh: and your sons and your daughters shall prophesy, and your young men shall see visions and your old men shall dream dreams....and I will show wonders in the Heavens above and signs on the earth beneath...." (Acts 2:17-19)

So the "Last Days" are days in which the Holy Spirit will use his messenger servants to renew the face of the earth. As the remaining of chapter two of the Acts

of the Apostles show, God will help this renewal with some powerful “Wake up calls”.

Since the earth will be renewed, the “Last Days” are also the “New Beginnings”

At first, the Apostles were too afraid to evangelize. Once the Holy Spirit came upon them, they were very bold and very effective.

## I.5 THE ANGEL MEMBER’S MISSION

The primary mission of the Angels of the last days is to learn how to meditate, and then to teach others how to meditate.

To "Meditate" means to use the three powers of the soul to ponder a truth more deeply.

"Mental Prayer" means to use the three powers of the soul to encounter God.

The ultimate in "Mental Prayer" is "living life with the living God."

The Angel members will watch and imitate the good Angels while learning how to meditate.

In order to be a messenger, one has to listen to the message. Meditation is the key to learn how to listen to the Holy Spirit. “Speak Lord your servant is listening” (1 Samuel 3:10).

The key to mental prayer is when God, the Holy Spirit, gives you gifts. Remember the gifts of the Holy Spirit include “Wisdom”, “Knowledge”, and “Understanding”. (Isaiah 11:2-3)

In order to Renew the face of the earth, the gifts must bear fruit in our souls. Particularly the twelve fruits of the Holy Spirit that includes; love, joy, peace, patience, kindness, faith,,,and chastity.

In the Book of Revelations, chapter two and three are messages from Jesus that are written to the Angels “during” the Last Days. “He that has an ear, let him hear what the Spirit says to the churches. (Revelation 3:22) Since the members of the “Angels of the Last Days” have ears, we will continue to pray, “Speak Lord your servant is listening.”

### 1.6 WHY MEDITATE:

The five reasons why the Angel members will meditate include;

1. To live life with the living God.

2. To build up treasure in Heaven.
3. To avoid the snares of the Devil.
4. Receive consolation from the Holy Spirit
5. To Love God with our whole, heart, mind, soul, and body.

In doing, so the Holy Spirit will renew the face of the earth, save other souls from the fires of Hell, and bring about Jesus' Kingship.

#### I.7 THE LORD'S KINGSHIP:

The angels in Heaven help serve the throne of God. Some day, Jesus Christ will reign as king in our hearts on earth as He reigns in Heaven. Jesus said; "Seek ye first the Kingdom of God."

(Matthew 6:33) The members of the lay apostolate of the Angels of the Last Days will help bring about this reign. The members will help by being instruments of the Holy Spirit. There are many stories of "Angels helping out" in the Bible from which we can draw insights from. There are THIRTEEN particular stories of "Angels" in the Bible which describe the Angels of the Last Days' MISSION.

#### I.8 ANGEL MEMBERSHIP:

Each member's name will be put on the Angel's list, and a Holy Mass will be offered up for all the Angel members on the thirteenth of each month.

Angel members can register their name at an authorized Angel of the Last Day's Center, or on the Internet. This list will also be taken around the world to various holy pilgrimage shrines in order to petition Heaven for grace on all the Angel members. Fr. Francis will authorize these "Centers", or in writing, he will delegate another Angel member/s to accomplish this task.

If possible, Angel members will also receive an Angel medal that has been blessed by Our Lady of Medjugorje. This medal is a sacramental that God can use to pour out graces upon the Angel members. It will also remind us that we have a guardian angel and to pray for Saint Michael's intercession.

#### I.9 WHO CAN JOIN:

Anyone who is willing to take the Vow. There are Lay Catholics, Priests, Sisters, non Catholics, and even those not baptized who are Angel members. There are no dues or fees associated with the membership. The Angel members can participate only to the degree that they are allowed to by the Church, and their churches. We have great confidence that even the non baptized will receive so much grace, that in the Lord's time, they will not only convert to the Church that Jesus Christ

established, but also be leaders with great humility, boldness, enthusiasm, and love.

## II. BIBLICAL INSIGHTS:

Insights to the MISSION of the “Angels of the Last Days” will be given by the Holy Spirit upon reading the thirteen stories of angels in the Bible. The Angel members will focus on the Angel in that scripture quote to obtain great insights on the rule. It is recommended to read these thirteen scriptural accounts often. God's knowledge is infinite, so God can reveal something new to an Angel member each time these stories are read and meditated upon. As a good practice, much spiritual fruit will be obtained, if the Angel member will receive Holy Communion on the Lord's Day (Sunday), and then take one of the scriptural accounts of the Angels and meditate upon it.

### 1. THE ANGELS OF CHRISTMAS. Jesus birthday. (Luke 2:1-16 )

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

The angel of the Lord appeared to the shepherds and said, "Be not afraid, I bring you tidings of great joy, (good news), which shall be to all the people; for today in the town of David, a Savior is born to you who is Christ the Lord." (Luke 2:10-11)

1.1 First of all, "Be not afraid", especially to meditate. It is easy and with time, you will be a master of mental prayer. Also, “Be not afraid” to read the Bible. No one understands everything in the Bible, so focus on what you do understand and in time, God will reveal more to you. Read especially Matthew, Mark, Luke, and John. God is good. He gives us the Bible so we can know Him better.

1.2 The Angels of the Last Days will also be bearers of "Good News". Sometimes people see the problems of the Days and become complainers of bad news. The angel told Joseph to "Call His name Jesus for He will save them from their sins."(Matthew 1:21) So this is "Good News". The Angel members will have great confidence in Jesus' saving power and with great joy, remain messengers of “Good News”.

Suddenly there was with the angel a multitude of the Heavenly army, praising God and saying; "Glory to God in the highest and peace on earth to men of good will."(Luke 2:13-14)

1.3 The angel is letting us know the formula to obtain true peace. Have “Good Will” and give Glory to God. This formula is contained in the Angels of the Last Days vow. A multitude of the Angel members will be repeating the vow.



1.4 "Good Will" is to keep trying. No matter what kind of sinner you are, keep trying and you will obtain peace.

The multitude of the Heavenly angels praised God and as in the book of Revelations, repeated Hosanna, Hosanna, Hosanna. Holy, Holy, Holy. (Luke 2:13) (Rev 4:8)

1.5 The Angel members will repeat prayers with love. Love is the key factor in prayer! Love differentiates a repeated prayer to be vain repetition, or a powerful spiritual exercise. Repeating pushups can build muscles in your body. Prayer with the heart, will build up your soul.

1.6 The Angel members will follow the multitude of the Heavenly Host example of perpetual adoration of Jesus Christ by visiting and adoring Jesus in the Most Blessed Sacrament.

The angel said; "This shall be a sign to you, you shall find the child wrapped in swaddling clothes and laid in the manger." (Luke 2:12)

1.7 On July 16, 1251 Our Lady and the baby Jesus appeared to Simon Stock the superior general of the Carmelite order and personally laid the brown scapular in his hands, and asked that all the faithful to wear it. "It will provide special protection and graces to those who wear it." Since we are many members of one body, the body of Christ, we will wear our brown scapulars, because our Lady has also told us it is our "swaddling clothes." We will be messengers that say "This scapular is the swaddling clothes that is a sign that you are a child of Mary."

The Church has affirmed that God showers much grace on the children of Mary that are wrapped in swaddling clothes.

Remember; he was laid in the manger, because there was no room for them in the inn. (Luke 2:7)

1.8 God gives us the incredible opportunity to live in us through Holy Communion. Our bodies are temples of the Holy Spirit. Unfortunately, many people today have no room for Jesus in the "inn". The Angel members will always welcome God into our bodies with love.

And it came to pass when the angels had departed from them into Heaven, that the shepherds were saying to one another, "Let us go over to Bethlehem and see this,,,so they went with haste, and they found Mary, Joseph, and the Babe lying in the manger. And when they had seen, they understood what had been told them concerning this child. And all who heard marvelled at the things told them by the shepherds....And the shepherds returned, glorifying and praising God... (Luke 2:15-20)

1.9 This represents an example of a successful Angel member's mission. The Angels deliver the message, the people respond, find Jesus and understand the message. The people tell others, and glory is given to God.

Mary kept all these words, pondering them in her heart (Luke 2:19)

1.10 The Blessed Virgin Mary "meditated" or pondered all these truths. She is a great example of one who ponders the mysteries of Jesus Christ. The Angel members will follow her good example.

Look closely at Christmas and realize that Mary loved Jesus more than any other creature. Since Jesus is the second person of the Blessed Trinity, we know she loved God more than any other creature. Since this is the first and greatest commandment, we know she has more reward in Heaven than any other creature. Angel members are happy that Mother Mary teaches us how to love Jesus as well.

1.11 The Angels sing songs that give glory to God. The Angel members can use their talents to create, listen, and sing songs that give Glory to God.

## 2. GOOD ANGELS BATTLE THE BAD ANGELS (Revelations 12)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

Michael and his angels fought with the dragon who is the devil and Satan. (Revelations 12:7-9)

Behold, a great sign appeared in the sky, a woman clothed with the sun, the moon under her feet and on her head a crown of twelve stars. (Revelations 12:1-2)

The (devil) was angry with the woman, and went to make war with the rest of her (children) who keep the commandments of God and have the testimony of Jesus Christ. (Revelation 12:17)

In the book of Revelations, a battle is described between the devil and his demons against Saint Michael the Archangel along with Our Lady and her children. Saint Michael and Our Lady and her children always help people to know, love and serve Jesus Christ. The devil and his demons always tempt people to rebel and hate Jesus Christ.

2.1 The Angel members will learn the Saint Michael prayer, and call on him often for protection, comfort, and direction.

Saint Michael the Archangel, defend us in battle, be our safeguard against the wickedness and snares of the devil. May God rebuke him we humbly pray and do thou, Oh prince of the Heavenly Host, by the Divine power of God, thrust into hell,

Satan and all the evil spirits who wander throughout the world seeking the ruin of souls. Amen.

Pope Leo XIII had a vision of God and the devil. After this vision, he asked the faithful to pray the Saint Michael Prayer after every Holy Mass, to protect us. The Angel members are encouraged to pray this prayer after Mass, even if it is prayed silently and from the heart.

2.2 The Angel members will also call upon their guardian angels often for help:

"My angel of God, my guardian dear to whom God's love commits us here. Ever this day, be at my side, to light, to guard, to rule, and guide. Amen.

2.3 As can be seen (in Revelations 12:1-2) Mary is wearing a crown on her head. The Angel members will embrace Mary as their Mother and Queen. The Church teaches that God gave her the crown and she is rightfully called the Queen of Heaven.

2.4 There have been many apparitions of the Woman clothed in the sun around the world in which Our Queen has asked us to pray the Rosary every day. The Rosary is the weapon against the devil. The Rosary weapon will defeat the Devil similar to the way that David's sling defeated Goliath. The five smooth stones David picked up to be used in his sling, prefigured the true weapon made up with five decades of the Rosary. (1 Samuel 17) In order to help imagine this, hold your Rosary from the cross with the loop of beads dangling below it, and you will see David's sling. Remember, the fruit of the first mystery is humility. God is going to use the humility of the Blessed Mother to crush the proud head of Satan. The Queen of the Angels has been asking us and teaching us how to pray the Rosary. The New Catechism states that Christian prayer tries, above all, to meditate on the mysteries of Christ as in the holy Rosary. (#2708) Jesus not only points out the way, "He is the Way", watch and learn.

Meditate upon the miraculous image of Our Lady of Guadalupe in Mexico. This image truly is a "Post Card from Heaven". It reminds us that Our Lady is the woman described in Revelations 12.

One of the oldest prophecies in the Bible is when God told the devil, "I will put enmities between you and the woman, your seed and her seed (children), she shall crush your head, while you lie in wait of her heel." (Genesis 3:15) The Holy Spirit placed these scripture texts as readings for the Holy Mass on Our Lady's feast days.

Jesus Christ's Kingdom will reign on earth after God uses Mary to crush Satan's head. Saint Michael and Mary's children will help out in this battle. Read and live Our Lady's messages that are good for your soul. Angel members will help out only if they stay humble.

Our Lady has also told us that her favorite song is the Battle Hymn of the Republic. This song will inspire the Angel members to “fight the good fight”.

2.5 Our Lady and Saint Michael the Archangel appeared to three shepherd children in Fatima, Portugal in 1917. Our Lady gave the prophecy in Fatima; “In the end, my Immaculate Heart will triumph.” Many people are awaiting this. What exactly is the Triumph of the Immaculate Heart?

Jesus once said to His followers, "You are the salt of the earth"... "But what good is the salt if it goes flat?" "It is good for nothing except to be trodden upon the ground."

Flat salt is impure salt. Isn't that the problem today with the world? We do not love Jesus with pure hearts, it is contaminated with all kinds of impurities. The EPA won't let the owners throw impure salt on the ground to be trodden upon, because it will contaminate the ground also. So owners will send engineers to make a plan that will purify the salt. In a similar way, God is sending Our Lady and the Angels to the earth in many powerful ways to help purify us.

The engineers send the salt through several steps: Acid addition, caustic addition, filtration, boiling, crystallization, drying, Silo storage. This will purify the salt.

For over 17 years, Our Lady of Medjugorje is asking us for: Conversion, to Pray the Rosary, Fast, Confession, Holy Mass, read the Bible, and Peace. This will purify our hearts.

So the Triumph of the Immaculate Heart is a Pure Heart, when we love Jesus the way Mary did, with her whole heart, mind, soul, body and with all her strength. This will help bring about Jesus' Kingship.

Angel members are recommended to beg God for the grace to respond to Our Lady's call. At first it may seem difficult, but nothing is impossible for God. This struggle will keep your soul humble.

2.6 The Basilica of Saint Michael built over the Saint Michael's cave in Italy is located about 1/2 hour from Padre Pio's shrine in San Giovanni Rotondo. This cave is where Saint Michael appeared and pilgrims feel his powerful intercession. Angel members are recommended to learn more about His cave, and even travel there.

2.7 For more insights on the supernatural battle, see Pauls' letter to the (Ephesians 6:10-20).

### 3. AN ANGEL HELPS JESUS DURING THE AGONY IN THE GARDEN (LUKE 22)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

Jesus came to His disciples only to find them asleep exhausted with grief. An angel appeared to Jesus strengthening Him. Jesus prayed the more earnestly, and His sweat became as drops of blood falling down to the ground. (Luke 22:43-44)

The Church is the mystical body of Christ. We are many members of one Body (1Cor 12). The Angel appeared to Jesus in His last day before the crucifixion, to strengthen Him to pray more earnestly. Similarly, the Angels of the Last Days appear in these Last Days to strengthen the mystical body of Christ, the Church who is in agony, so the Church can pray more fervently.

3.1 Therefore the Angel members will both participate in prayer groups, and promote new prayer groups. The Rosary prayer groups will greatly strengthen the whole Church.

Remember what Jesus told Peter in the Garden after Peter used a sword to cut off the servant of the priest's right ear. Jesus said; "put away your sword, for everyone who lives by the sword, will die by the sword. Don't you know, I can ask My Father, and He will give me more than twelve legions of angels? How then should the scriptures be fulfilled?" (Matthew 22:52-54)

3.2 The Angel Members will never use violence as a means of helping Jesus' Kingdom come upon earth. Remember, God can do everything, and does not need our help to accomplish His Holy will. In His infinite Mercy, Wisdom, and Kindness, God is giving us opportunities to help. So we must help God in God's way; in peaceful ways, utilizing God's grace and mental prayer.

4. ANGELS HELPING AT THE RESURRECTION OF JESUS: (MATTHEW 28)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

Behold, there was a great earthquake. For an angel of the Lord descended from Heaven, and coming rolled back the stone and sat upon it,, And for fear of him, the guards were struck with terror and became as dead men... The angel said to the women: "Fear not, for I know you seek Jesus who was crucified. He is not here, for He has risen as He said. Come and see the place where they laid Him." (Matthew 28:1-7)

4.1 Similar to sections 1.1 and 1.2, the angel members are shown another example of the call to "Be not afraid", and to announce the "Good News" that will restore faith.

4.2 There are many obstacles such as stones between Jesus and the people. With the prayer of the Angel members, God will soften stony hearts, remove obstacles and restore faith to the people.

Jesus was inside the dark tomb when the Angel rolled the stone away. Several members of the Church find themselves in the darkness of confusion. Mental prayer of Angel members, will roll the stone away to free us into the Light of Jesus Christ.

4.3 The angel was not in a hurry to leave, but rolled the stone away and sat upon it. The angel sat and watched the mystery unfold. This scene is one of the mysteries of the Rosary. The Angel members will also watch the mysteries of the Rosary unfold with mental prayer. It will then become a part of the soul's memory. The Angel members will also take care to not sit and watch bad shows from TV or movies which will also become part of our eternal soul's memory. The Angel members will want to have their souls give glory to God.

4.4 The Angel members will display relics and take people to holy places of pilgrimage so people can, as the angel said, "Come and See" for themselves. God will give them the grace to restore their faith.

The angel said to Mary Magdalene; "Go, tell His disciples and Peter that He goes before you to Galilee; there you shall see Him, as He said." (Mark 16:7)

4.5 As the angel recognizes and singles out Peter as the head of the disciples, the Angel members will recognize the successor of Peter, the Pope, as the head of the Church. After all, Jesus Christ did give Peter the "keys" to the kingdom of Heaven. (Matthew 16:16-19) Remember, every organization has a visible leader who can make decisions, or else there will be total chaos. Does not a ship have a captain? A school have a principle? A company has a boss? Our country has a President? When Jesus Christ formed His Church, He made Peter the first Pope. Pope John Paul II is the 263rd successor of Peter. Every Christian followed the Pope for the first 1000 years. Did Jesus come back and say; "I changed My mind, give Me back the keys?" No way! We need this leadership for unity. Jesus made it clear that; "Every kingdom divided against itself shall be made desolate". (Matthew 12:25) When it comes to matters of faith and morals, Angel members will follow the Pope.

4.6 God's messenger servant, the angel, is instructing Mary Magdalene to be a messenger servant also by asking her to "Go, tell..."

Similarly, Angel members will instruct others how to meditate, so they can be messenger servants also.

#### 5.0 THE ANGEL'S MISSION IN THE GARDEN OF EDEN- (GENESIS 2:1-3:24)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

It is known by almost everyone that Adam and Eve ate the forbidden fruit. However, there was not only one special tree in the Garden of Eden, but two. The forbidden "Tree of Knowledge" and also the "Tree of Life". The devil tricked Adam

and Eve into breaking the covenant with God and eating the forbidden fruit for which the punishment was to die the death.

Then God said: "Behold Adam is become as one of us knowing good and evil: now, therefore, lest perhaps he put forth his hand and take also of the "Tree of Life", and eat and live forever." And the Lord sent him out of the paradise of pleasure, to till the earth from which he was taken. And he cast out Adam; and placed before the paradise of pleasure Cherubims (angels), and a flaming sword, turning every way, to keep the way of the "Tree of Life". (Genesis 3:22-24)

5.1 The first mission of the Angels recorded in the bible is to keep the path of the "Tree of Life." This is also our mission. The fruit of this Tree is the antidote which will allow us to live forever. The fulfilment to the True Tree of Life is the Blessed Virgin Mary, The Cross, and the Holy Catholic Church. These truths will be manifested to you by the Holy Spirit as you pray the Rosary. The fruit of the "Tree of Life" is the fruit of her womb, Jesus Christ, the second person of the Blessed Trinity, particularly the Holy Communion which is also known as the Eucharist. This is Jesus Christ under the appearance of bread. Jesus Christ made it very very clear that we are to eat the Holy Communion to live forever in the second half of John chapter six. At the Last Supper when Jesus first gives us the Holy Communion, He makes it clear that this is also the NEW COVENANT between God and His people.

Polls show that ONLY 20% OF CATHOLICS in America under the age of 50 years old understand the importance of Holy Communion. This means that 80% are completely lost and confused about their covenant with God. ANGEL MEMBERS HAVE A BIG JOB TO DO. Imagine if 80% of the players on a basketball team did not know it was important to score a basket. How many games would they win? Similarly, the "People of God" will continue to lose all of the spiritual battles going on with such confusion.

5.2 The question comes up, "Why did not Adam eat from the "Tree of Life" so he could live forever?" The answer to this mystery will be experienced by the Angel members upon evangelizing Holy Communion so that people could live forever. Some people will be busy tilling the earth, and, just like Adam, not respond.

Some people, who even after they know the Bible, like Adam, still do not respond to the covenant with God.

Just as the Cherubims in Genesis were patient, so shall be the Angel members. When you teach the basics of mental prayer, in time, God will give them the wisdom and strength to choose to eat of the "Tree of Life" and live forever.

5.3 Saint Paul reveals in Ephesians 6 as he describes the supernatural battle of the angels, that the "Sword of the Spirit" is the Gospel. So once again the scriptural Rosary will be that sword that will help evangelize "Fruit from the Tree of Life"

which is Holy Communion.

In particular, read the second half of John chapter six, and the Gospel accounts of the Last Supper. The New Catechism of the Catholic Church also gives great insights on Holy Communion.

5.4 As brought up before in section 1.5, Chapters 2 and 3 of the Book of Revelations contain messages from Jesus written to the Angels during the Last Days. "He that has an ear, let him hear what the Spirit said to the churches; to him that overcometh, I will give to eat of the "Tree of Life", which is in the paradise of my God." (Revelations 2:7)

So the Angel members will not only evangelize Holy Communion, they will also eat of the Fruit of the Tree of Life.

Of course, to receive Holy Communion, you must be a Catholic with your soul in the state of grace.

If you are not Catholic, continue with mental prayer and God will give you the gift to want to become part of His One, Holy, Catholic and Apostolic Church that Jesus Christ founded. After this, you may partake in the covenant with God and receive Holy Communion.

If your soul is not in a state of grace, continue with mental prayer and God will give you the gift to overcome your fears and want to go to the Sacrament of Mercy, which is also known as Confession or Reconciliation. Once again, after this, you can partake in the covenant with God and receive Jesus.

5.5 Jesus wants your body to be His home. The Holy Communion is the means by which He wants to enter His home so He can live in you and bring you gifts to strengthen you. Remember when the baby Jesus came bringing gifts of Love, Joy, Kindness, and Peace in the world, "There was no room for Him in the Inn."

So the Angel members will always make room for Jesus in the Inn by receiving Holy Communion, even if others do not.

## 6.0 ANGEL GABRIEL'S ANNUNCIATION TO MARY: (LUKE 1:26-38)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

The Angel Gabriel was sent by God to a city of Galilee, called Nazareth to a Virgin espoused to a man named Joseph, of the house of David; and the virgin's name



was Mary. And the Angel came in and said to her: Hail, full of grace, the Lord is with thee, blessed art thou among women.  
(Luke 1:26-28)

6.1 The Angel Gabriel sent by God, is the first one to say the "Hail Mary". When the Angel members pray the Rosary, we will imitate the way the Angel said it, slow and with the heart, because he was full of love, and did not want to frighten her. This type of prayer with the heart will take approximately 23 to 24 seconds for each Hail Mary. Just as it pleased God, when the angel Gabriel prayed it, it also pleases God when the Angel members pray it every day.

Saint Dominic called the Hail Mary "The Angelic Salutation." Once Our Lady appeared to Saint Dominic and said; "My son, do not be surprised if your sermons fail to bear the results you had hoped for. You are trying to cultivate a piece of ground which has not had any rain. Now when the almighty God planned to renew the face of the earth, He started by sending down rain from Heaven - and this was the Angelic Salutation. In this way, God made over the world. So when you give a sermon, urge people to say my Rosary, and in this way your words will bear much fruit for souls." (Secret of the Rosary by Saint Louis DeMontfort)

6.2 God used the Angel as a mediator between God and man, to serve the "One Mediator" Jesus Christ. Similarly Angel members will be messenger servants of God to men.

6.3 At first the Angel did not call her Mary, but he called her "Full of Grace". Obtaining God's Grace is the key to Christianity. By watching Mary, we can learn about what grace is and how to obtain it. We spend time watching Mary as we meditate upon the mysteries of the Rosary.

The Angel members will always strive to be "Full of Grace."

6.4 The Angel said to her; Fear not Mary, for thou has found grace with God. (Luke 1:30)

Once again the Angel members will "Be not afraid" and convey the message to "Be not afraid". Do not be afraid of being Holy, God calls everyone to be Holy, because He is Holy.

6.5 "Behold thou shall conceive in the womb and bring forth a son; and call Him Jesus. He shall be great, and be called the Son of the most High; (Luke 1:31-32)

The angel lets us know that Jesus' first entrance into the world was as a slave of love to the Blessed Mother. The mighty God inside the womb, would go only where Mary went. This helps us to understand Jesus' slavery of love to us in Holy Communion. For fifteen minutes after Holy Communion, Jesus physically lives in us as He lived inside the Blessed Mother.

The Angel members will love Jesus "living in us", the way Mary did, with her whole heart.

6.6 Jesus was not only a slave of love in Mary for nine months, but it gave glory to God that Jesus was subject to Mary and Joseph for thirty years, before the three and one third years of His public ministry.

Angel members are highly recommended to practice Saint Louis DeMontforts' "Total Consecration" in which one receives tremendous amounts of grace as he imitates Jesus to be a holy slave of Love to Jesus through the Blessed Virgin Mary. Pope John Paul II's motto is Totus Tuus or Totally Yours. This motto comes from Saint Louis DeMontfort's consecration. He stumbled upon this True Devotion and found it to be very "Christocentric". Look at the short time between working in the Soda factory and becoming Pope, it is truly phenomenal. Mother Theresa of Calcutta has the fastest growing order of Sisters in the history of the Catholic Church, and she recommends to all novices to practice "Total Consecration" and spend one hour a day in adoration of Jesus by means of the Eucharist.

6.7 and the Lord will give Him the throne of David His father. (Luke 1:32)

Just as God gave David's throne to him by means of the sling as the weapon to defeat his enemies, God the Father will have Jesus' Kingdom come about on earth through His mystical body, the Church, praying the Rosary as the weapon against evil. As discussed in section 2.3, the Rosary is the weapon that will defeat the evil throne of the devil. Rosary prayers are the key to bring about Jesus' Kingdom on earth.

God sent the Blessed Virgin Mary to personally give Saint Dominic the Rosary in 1214, along with fifteen powerful promises to those who pray the Rosary. Many Popes and Saints throughout the years have confirmed this fact, and affirmed the many graces the faithful obtain for praying the Rosary. See Pope Leo XIII encyclical "Supremi Apostolatus", 1883, and Saint Louis DeMontfort's "Secret of the Rosary".

The devil tries to discourage people from praying the Rosary, because he can not defend himself from it. The Angel members are highly recommended to pray the Rosary often to help bring about Jesus' reign on earth.

6.8 Elisabeth has conceived a son in her old age;,,,,, because nothing is impossible with God.  
(Luke 1:36-37)

Angel members will have faith and evangelize, that "nothing is impossible with God."

6.9 The Angel tells Mary about Elizabeth. Upon visiting her, Elizabeth filled with

the Holy Spirit said; "Blessed is the fruit of thy womb." This is a key clue which points out that Mary is the Tree of Life, and the fruit of her womb is Jesus who is the fruit of life, also known as the bread of life.

The Angel members that meditate, will also become a member of the Church which brings Holy Communion into the world. This way, the whole Church is the "Tree of Life."

6.10 Angel members will announce God's message to people, and even utilize the mass media to evangelize. This includes TV, radio, Internet and other forms of mass media.

6.11 God miraculously preserved the Holy House where the Angel appeared to Mary. It is located in Loreto, Italy. Many Popes declared that it is a place of miracles and a special place to meditate. Angel members are encouraged to learn about the Holy House and even Pilgrimage there.

7.0 ANGELS MINISTER AFTER THE TEMPTATION IN THE DESERT (MATTHEW 4)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

After Jesus was tempted in the desert, the angels came to minister to Him.  
(Matthew 4:11)

7.1 The Angel members will always have mercy on those persons who are being tempted by the Devil. The things the tempted persons need most are prayers and love. This will help them to overcome the attack. Only after the attack is over will they be capable of receiving the Lord's word to help them live as children of God.

7.2 Note that in the supernatural battle, the Devil even uses Scripture to try and trick Jesus. Jesus exposes the trick by showing that the Devil took the quote "Out of Context". This means that the Devil takes a few words and gives them a meaning that they do not really have.

Know this Angel members, when someone quotes scripture, and you feel it paralyze your soul, the enemy is attacking. Do seven things:

7.2.1. Call on Saint Michael by praying the Saint Michael prayer.

7.2.2. Call on your guardian angel, by praying the guardian angel prayer.

7.2.3. If your not sure how to answer, say that you will check what the Holy Spirit revealed to the Church regarding this matter. Tell them that Jesus Christ promised that the Holy Spirit will guide and instruct us until the end of the world. Express your great faith and confidence that the third person of the Blessed Trinity did not leave us orphans. (John 14:18)

7.2.4. Remind them that Jesus Christ did not give us a Bible, He gave us an Apostolic Church guided by the Holy Spirit. God used His Holy Catholic Church guided by the Holy Spirit to give us the Bible, and God gave that same Church guided by the Holy Spirit the correct interpretations of the Bible.

7.2.5. Many things that the Holy Spirit revealed to the Church can be found in the new Catechism of the Catholic Church. Books titled "Catholic Apologetics" specifically deal with these attacks.

7.2.6. As in the letter to the Angles during the last days, say to them; "those who hear, let them hear what the Spirit said to the Churches." (Rev 2:7) Therefore spend time reading the New Catechism of the Catholic Church.

7.2.7. As you pray the Scriptural Rosary, you will be rooted in learning the Bible "In Context", and you will also be filled with the Holy Spirit in order to handle attacks more effectively. This takes time.

A good example of this is the use of statues. Some people who do not understand mental prayer may lash out and say; "Catholics should not be worshipping statues". Check the New Catechism and find in fact that Catholics do not worship statues. If someone does, there is something wrong. However, statues are excellent tools for providing an environment for mental prayer. For example, ask the person to take a picture of a loved one out of their wallet. As they look at it, they will smile because their memory will help them recall good times. Ask them if they think the picture is a real person. They will reply; "Of course not, but the picture helps me remember them, when I can't see them face to face." Continue and ask them, "Do you think the statue of Abraham Lincoln in the Lincoln memorial is a god?" They will again reply, "Of course not, the statue just reminds us of a great president who promoted honesty and self sacrifice to serve the country." Then explain to them; "Statues of Joseph, Mary, and the baby Jesus, remind us of the wonderful Christmas happenings. If we do not have statues as a tool to remind us and help us to meditate more deeply on Christmas, we may get caught up in materialism and forget them completely."

All misunderstandings or scriptures taken out of context, against the Holy Catholic Church can be easily explained with the help of the Holy Spirit, mental prayer, and the New Catechism.

Remember this Angel members, the devil did not argue with Jesus because he wanted to know the truth. The devil only wanted to make Jesus fall into sin. Sometimes it is better to not argue and just walk away. Call on the Holy Spirit and your guardian angel to guide you.

7.3 The Holy Spirit Reveals (Speaks) infallible truths to the Church, by either through the Successor of Peter our first Pope, to whom Jesus gave the keys to the Kingdom of Heaven, or through the Councils of the Church. During a Council, all the successors of the Apostles, including the Pope, gather from all over the world and pray to the Holy Spirit, and when they are unanimous about an interpretation of

a scripture passage, it is infallible. Jesus told them, what you declare bound on earth will be bound in Heaven.  
(Matthew 16:19) (Matthew 18:18).

7.4 If any Angel member teaches something that is found out to be contrary to the teaching of the Church, he will humbly admit his error, modify his evangelization approach, and continue being a messenger servant of God.

#### 8.0 PETER IS RELEASED FROM PRISON BY THE ANGEL. (Acts 12:1-19)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

8.1 The Angel members' work will promote true freedom. Jesus once said, everyone who sins is a slave to sin. (John 8:34) The graces obtained by mental prayer will help free us from the slavery of the Devil, and restore us to the people of God.

Herod cast Peter into prison.... But prayer was made without ceasing by the Church unto God for him. (Acts 12:5)

8.2 Once again, Angel members will pray for the freedom of people in the slavery of sin.

An angel of the Lord stood by him, and a light shined in the room and he, striking Peter on the side,  
said,, "Arise quickly, follow me." (Acts 12:7)

8.3 Angel members will be that light shining so people will follow. People need good examples to follow, so Angel members will always strive to be holy, and have great confidence that God will give them all the graces they ask for to be holy.

The chains fell off his hands,,,, they passed through the first and second ward, they came to the iron gate of the city, which of itself opened to them. (Acts 12:10)

8.4 Sometimes conversion is a long journey and there are many obstacles to being free. Even humanly impossible. Angel members will persevere because God will open up the right doors and nothing will be impossible.

Peter said; Now I know,,, that the lord sent his angel to deliver me from the hand of Herod... Peter knocked at the gate where many were praying,,, they opened not the gate.... But Peter continued knocking. (Acts 12:11-16)

8.5 Even Peter's friends were very slow in believing he was free. Today there is a

similar mystery. Millions of people are being converted in Medjugorje and some people who are praying for their freedom, or conversion, are slow to believe it is true. Angel members, be patient, remember that eventually Peter was welcomed with joy.

#### 9.0 ANGELS REJOICE FOR THE CONVERSION OF SINNERS LUKE 15:4-10

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

Jesus said; What man among you that has a hundred sheep, and if he shall lose one of them, does he not leave the ninety-nine in the desert, and go after that which was lost until he find it. And when he has found it, lay it upon his shoulders rejoicing: coming home, calls together his friends and neighbours saying to them: Rejoice with me, because I have found the sheep that was lost? I say to you, that even so, there shall be joy in Heaven upon one sinner that does penance, more than upon the ninety-nine just who need not penance.

or what woman having ten coins, if she loses one, does not light a candle, and sweep the house, and seek diligently until she find it? And when she has found it, calls together her friends and neighbours saying; Rejoice with me, because I have found the coin which I had lost. So I say to you there shall be joy before the Angels of God upon one sinner doing penance.

9.1 Angel members must always be joyful over conversions. God's love is infinite. God has enough love for everyone. Never be jealous or envious. Remember the book of Wisdom states: "Through envy of the devil, death entered into the world." (Wisdom 2:24) Quench any ill feelings with a bucket of thanksgiving and joy. Give glory to God always.

9.2 Jesus fulfills the man in the parable by being the Good Shepherd who lays His life down for His sheep. Mary, our Queen, fulfills the woman in the parable, who through all the apparitions in the world is diligently looking for her lost children and converting them back to Jesus. Once again, Angel members will rejoice for them.

9.3 This parable shows mercy in action. These are the times of great mercy. With great joy the Angel members will practice and promote the Infinite Mercy of God.

Blessed Sister Faustina received the chaplet of Divine Mercy to pray and was instructed to practice the A, B, C's of mercy. Ask for His mercy, Be merciful, and Complete trust. Angel members will benefit abundantly by delivering the message of mercy.

9.4 Conversion is a life-long project! Every night, the Angel members are recommended to examine their conscience, and repent of any sins committed during the day. God will protect us from external enemies, but He will only help

protect us from internal ones. We must ask God for the grace to overcome pride, lust, greed, anger, envy, sloth, and gluttony. Ask God to replace these with the fire of His love. Upon doing this, be certain that there is much rejoicing by the Angels of God.

#### 10. TOBIT IS HELPED BY THE ANGEL RAPHAEL (TOBIT 1 - 14)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

Tobit feared God and abstained from sin. He fed the hungry, and gave clothes to the naked and was heroic in burying the dead. Tobit was made blind and the Lord permitted this to happen in order to test his patience as holy Job. He sent his son Tobit (Jr.) on a long journey to collect ten talents of silver which he lent.

The Lord sent the Angel Raphael, who appeared as a person, to accompany Tobit on the journey. It was a very adventurous and successful trip, and when they returned home, the Angel Raphael cured Tobit of his blindness. Tobit said, "What can we give to this holy man for travelling with you?"

He travelled with me and brought me home safe again.

He received the money of Gabelus.

He caused me to have my wife.

He chased from her the evil spirit.

He gave joy to her parents.

Myself he delivered from being devoured by the fish.

You also he has made to see the light of Heaven.

We are filled with all good things through him. (Tobit 12:3)

For this they intended to give him half the wealth they obtained. The Angel Raphael said; Bless God of Heaven, give glory to Him, in the sight of all that live, because He has shown His mercy to you. Prayer is good with fasting and alms, more than to lay up treasures of gold. But they that commit sin and iniquity are enemies to their own soul... I am the angel Raphael, one of the seven who stand before the throne of God. Peace be to you and fear not. When I was with you, it was by the will of God. Bless Him and sing praise to Him. Tobit and his family gave glory to God and prospered.

10.1. Angel members will practice and live deeds of mercy.

10.2. Tobit was rewarded for burying the dead, Angel members can pray for the dead, the holy souls in purgatory, and spread this message. This is a great deed of mercy which will be rewarded.

10.3. Some Angel members will be involved in healing ministries. Remember God does not always heal directly, sometimes he uses men and angels for instruments. Use the powerful and holy Name of Jesus and ask for Saint Raphael's help. After Jesus heals, always give thanks and glory to God.

10.4. Angel members can pilgrimage and help others along on journeys also. Much spiritual growth and graces can be obtained by encountering the adventures along the way. Once again give glory to God.

10.5. The Angel Raphael did not take the money reward offered to him. Angel members will not focus on money, but accept from God treasure in Heaven.

11. JESUS WITH THE ANGELS AT THE LAST JUDGEMENT (Matthew 25:31-46)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

And when the Son of man shall come in His majesty, and all the angels with Him, then shall He sit upon the seat of His majesty: And all nations shall be gathered together before Him, and He shall separate them one from another, as the shepherd separates the sheep from the goats: And He shall set the sheep on His right hand, but the goats on His left.

Then shall the king say to those on His right hand: Come, you blessed of My Father, possess the kingdom prepared for you from the foundation of the world. For I was hungry, and you gave Me to eat; I was thirsty, and you gave Me to drink; I was a stranger, and you took Me in: Naked and you clothed Me: sick and you visited me: I was in prison and you came to Me.

Then shall the just answer Him, saying: Lord, when did we see you hungry, and feed you; thirsty, and gave you a drink? When did we see you a stranger, and took you in? Or naked and clothed you? Or when did we see you sick or in prison and visited you? And the king answered: Amen I say to you, as long as you did it to one of these least of my brothers, you did it to Me.

Then He shall say to them also that shall be on His left hand: Depart from Me you cursed, into everlasting fire which was prepared for the devil and his angels. For I was hungry and you gave Me nothing to eat. I was thirsty and you gave me no drink. I was a stranger, and you took me not in: Naked and you did not cloth Me: sick and in prison, and you did not visit Me.

Then they shall also answer Him saying: Lord when did we see thee hungry, or thirsty, or a stranger, or naked, or sick, or in prison, and did not minister to You? Then He shall answer them, saying: Amen I say to you, as long as you did it not to the least of these, neither did you do it to Me. And these shall go into everlasting punishment: but the just into life everlasting. (Matthew 25:31-46)



11.1 Either we are going to spend all of eternity extremely happy in Heaven or extremely miserable in the fires of Hell. Mental prayer will help you choose wisely and obtain for you the grace to live wisely.

11.2 Jesus used the deeds of mercy as a primary basis for Judgement. Therefore remember the A, B, C's of mercy. Ask for His mercy! Be merciful! Complete trust!  
Practising this mercy is an effective way to keep your soul humble.

11.3 Saint Thomas of Aquinas O.P. showed how praying for the souls in Purgatory fulfills all the deeds of mercy. In the fires of Purgatory, prayer quenches their thirst, feeds them, clothes them, and comforts them. Therefore Angel members will always pray for the souls in Purgatory.

11.4 Jesus challenges us with the Gospel, to live not only the ten commandments, but to love God and our fellow man also. Therefore not only; "thou shall not kill," but also to help victims in the world. What ever you did not do to the least of my brothers, you did not do it to Me. This sheds light on the terrible sin of abortion. The least of our brothers are getting murdered every day. Since 1972, in America, for every two children born alive, one is murdered in the womb. This will prove to generations to come that our society is in the grip of the devil. Go to the encyclopaedia and look up "Embryology." Look at the pictures of the baby in the mother's womb. Mental prayer will help you see through the fancy expressions of "first trimester". Show the picture of a child in the twelfth week to a seven year old, and the seven year old will tell you it is a little baby. Note that twelve weeks is within the time period of the "first trimester".

In 1981, the United States Senate Bill #158, titled the "Human Life Bill", petitioned scientists about the facts of Human Life. In an overwhelming agreement, they declared that it is a scientific fact that human life begins upon conception. A unique individual is alive and even the color of his or her eyes is already determined.

The Holy Catholic Church has been proclaiming that with the exception of the case where the life of the mother is jeopardized, abortion is murder.

The Bible clearly shows in (Luke 1:41-45) when Mary visits her cousin Elizabeth, that the baby in Elisabeth's womb leapt for joy. Also, Elizabeth filled with the Holy Spirit calls Mary the "Theotokos" or "Mother of God". In other words, that is Jesus in her womb. When you attack the least of my brothers, you attack Jesus. Remember, Jesus forgives, Jesus forgives, Jesus forgives, but we must repent and not persist in our error.

The devil demands human sacrifice and it gives him much power over our society. This is a supernatural battle. At Fatima, Our Lady did not call for an army of preachers but of prayers and fasters. She knows what we need is an

evangelization that is closer to an exorcism than reasonable persuasion. God sent Our Lady to give us a simple yet powerful solution to fight the evils of our society today, especially abortion. That solution is the Fatima Five First Saturday or Communion of reparation devotion. This is the only solution that will be successful. The Five First Saturday devotion uses the supernatural powers that come from Jesus Christ through the One, Holy, Catholic, and Apostolic Church. It is the solution that gives glory to God. It is the solution that will convert us back to God. The Fatima devotion consist of the following:

For five consecutive first Saturdays to:

1. Pray five decades of the Rosary.
2. Go to Mass, and receive Holy Communion.
3. Go to Confession (within eight days before or after)
4. Meditate (Mental Prayer) for fifteen minutes on the fifteen mysteries if the Rosary.
5. Offer all this up for the sins and blasphemies against the Immaculate Heart of Mary.

The promises are very powerful for those who practice this. It is not only to convert Russia, but also

"Those who practice this, God will send Our Lady to us at the hour of death with enough graces for salvation." Angel members will evangelize the Fatima Five First Saturday devotion to fight abortion, and promote conversion.

#### 12. THE ANGEL GUIDES SAINT JOSEPH (MATTHEW 2:13-21)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

Behold, an Angel of the Lord appeared in sleep to Joseph, saying: "Arise, and take the child and His mother, and flee into Egypt: and stay there until I shall tell you. For it will come to pass that Herod will seek the child to destroy Him." (Matthew 2:13)

12.1 The angel said "Arise". Notice that the Angel used a motivating message to get them to avoid the dangers. Similarly, Angel members will, at times, have to deliver motivating messages to people to prevent their souls from falling into danger.

12.2 The angel said; "take the child and His mother". Upon meditating on this phrase, note how the angel lets us know of Mary's perpetual virginity. The Gospel writer Matthew was a tax collector. Not naive in any way. Under the inspiration of the Holy Spirit, he recorded the Angel's message as "take the child and His mother" and not "take the child and your wife" in order to describe the chaste relationship between Mary and Joseph.

Then Herod perceiving he was deluded by the wise men, was exceedingly angry;

and sending (soldiers) killed all the men children in Bethlehem,,,,,from two years old and younger,,, (Matthew 2:16)

12.3 The Angel protects the Holy Family. With the divorce rate in America over 50 percent, everyone is realizing the families are under attack, however, they are not sure what to do about it. It is a spiritual attack. The Angel members will evangelize the holy Rosary as a remedy against these attacks. The Rosary will help out by; A. Prayer provides a union with God who is the source of "True Love". B. The Rosary is the "Weapon" against the devil. (See section 2.4) C. During the joyful mysteries, the Holy Family is meditated upon. Everyone will learn from the role models of the Holy Family. Joseph gives a model of watchfulness and care. Mary gives an ideal model of love, modesty, submission, and perfect loyalty. Children have Jesus' obedience to admire and copy. Watching them will sweeten the burdens in this life and protect the families. (Pope Leo XIII)

12.4 The angel told them to flee into exile to escape death. Similarly, Jesus told us that before His Kingship will take place, the Anti-Christ, or the Son of Perdition, or the devil in the form of a man will have to appear first, claiming to be Christ. The Angel members will recognize him, because the devil was a murderer from the beginning. The Culture of Death will be promoted by the anti-Christ. This will be the time when our angels will guide us to safety. Remember always, Jesus gave us the Gospel of Life, and that Jesus came that we might have life, and have it more abundantly. (John 10:10)

See Encyclical "Evangelium Vitae" by Pope John Paul II, March 25, 1995.

The Anti-Christ will try and get us to break our Covenant with God. In other words, he will try and trick us into not receiving the fruit from the Tree of Life or Holy Communion.

Behold, an Angel of the Lord appeared in sleep to Joseph in Egypt, Saying; "Arise, and take the child and His mother, and go to the land of Israel. For they are dead who sought the life of the child." (Matthew 2:20)

12.5 Remember, that even in exile, Jesus and Mary will always be with us, and that exile will be temporary.

13.0 ANGELS AT THE ASCENSION OF JESUS INTO HEAVEN: (ACTS 1:6-11)

"Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

Lord, will you at this time restore again the kingdom to Israel?....

A cloud received Jesus out of their sight. Two men stood by dressed in white and said; Men of Galilee, why do you look up in the sky, this Jesus who you see going to Heaven will come again the same way as you seen Him going to Heaven.

13.1 The Angel members will always deliver this same message of hope. Jesus Christ will return on a cloud for all to see, and we are praying for this. (Luke 21:27)

Note: The false Christ will not return on a cloud.

13.2 Many people did not recognize the baby Jesus because some mistakenly looked for the Messiah as an earthly king. The kingdom of Jesus will reign in our hearts and in Heaven. True love is the key to the reign.

13.3 Jesus Christ's last words before the Ascension were; Go preach the Gospel to every creature,,,,,, and know I am with you always, even to the end of the world.

Jesus Christ is the King of the Angels and He will be with us on our mission of learning how to meditate, and then teaching others how to meditate. So start your journey with some examples of meditation. Always remember your vow before God and the Angels to promise to beg God for the grace that the three powers of your soul, the memory, the intellect and the will, will be for the greater glory of God. Amen.

### III. SUMMARY OF HOW TO MEDITATE:

Saint Ignatius of Loyola wrote the "Spiritual Exercises" in which he teaches us how to meditate. Angel members are encouraged to go on retreats and meditate. A brief summary of meditation will help Angel members get familiar with the steps involved. This is only a brief summary, the more complete steps can be done on a retreat. When people try to meditate, sometimes their minds draw a blank. These steps can help meditation.

The steps to meditation can be compared with the steps in eating a dinner.

#### MEDITATE    DINNER

##### STEP ONE: PRELUDE (Few minutes)    APPETIZER

1. Small prayer to prepare for the meditation.
2. Imagine a picture in your mind.
3. Ask God for a specific gift.

##### STEP TWO: THE BODY (50 minutes)    MEAL

- |                            |                   |
|----------------------------|-------------------|
| 1. The Memory (Recall)     | 1. The Meat       |
| 2. The Intellect (Reflect) | 2. The Potatoes   |
| 3. The Will (Resolution)   | 3. The Vegetables |

### STEP THREE: COLLOQUY (Few minutes) DESSERT

Talk with Jesus as a friend.

At first, these steps may seem difficult. The steps to drive a car also at first seem difficult. So many details to worry about. After some practice, they both become easy and even fun.

As your soul spends time to watch Jesus and Mary in their lives, you will grow spiritually and be able to see Jesus and Mary at work in your life. This is how to achieve mental prayer's ultimate goal of "living life with the living God."

#### EXAMPLE 1

An example for a subject of meditation can be "Christmas". Saint Ignatius recommends to meditate for one hour on a subject. The Holy Spirit will guide.

STEP ONE: PRELUDE: Short, to prepare us for the meditation. Don't get filled up on this appetizer. It consist of asking Jesus for something, and making a picture in your mind about the subject. For example, look at the statues in the Christmas scene and say; "Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God." Also, ask for a specific gift from God. "Help me to be more wise and courageous"

STEP TWO: BODY: Consists of three parts.

1. The Memory in which we Recall the subject, and ask questions such as; WHAT? What do I see? What do I hear? What do I smell? What do I feel?

See Mary dressed in blue and white, and Joseph dressed in red and white. They are smiling. Jesus is wrapped in white swaddling clothes and laid in a manger. We see an ox and ass and a multitude of the Heavenly angels around. We hear the angels saying "Holy, Holy, Holy". We hear the animals. We smell the aroma of a barn. We feel the cold of the night air, but joy is bursting from Mary and Joseph's eyes as they look at the baby Jesus.

2. The Intellect in which we Reflect and analyse the subject. Ask questions of WHY? Why are there so many angels? It must be a very important event. Why are Mary and Joseph so joyful? They must love baby Jesus very much. Why are they in a stable? Because they are poor, and there is no room for them in the inn. Why was Jesus born poor? To prove to us that God loves the poor.

3. The Will in which we make a Resolution regarding the subject. Make the statement "I WILL TRY..." I will try to help the poor more because whatever I do to the least of my brothers, I do it to Jesus.

STEP THREE: COLLOQUY is like the dessert. Sweet conversation with Jesus as a friend.

Jesus, thank you for coming to us on Christmas day. Thank you for teaching us, not only by word, but by example. Thank you for making it so easy to love you. Amen.

Of course, since the knowledge of the Holy Spirit is infinite, God can inspire us with a multitude of questions, insights, and resolutions for each meditation. Even if it is the same subject, new fruit will be obtained. Saint Ignatius gives points or certain insights which help with the meditations.

#### EXAMPLE 2

The subject for meditation is the destiny of our eternal soul.

#### STEP ONE: PRELUDE:

Picture a beautiful large sandy beach along the ocean and say; "Dear God, I beg You to please give me the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God." Also ask God for a specific grace. "Help me to appreciate the gift of being alive."

STEP TWO: THE BODY: Consists of three parts.

1. The Memory in which we Recall the subject, and ask questions such as; WHAT? What do I see? What do I hear? What do I smell? What do I feel?

It is a beautiful sunny day, and I see a very long sandy beach so removing my shoes, I go for a walk. The sun is warm, the gentle breeze is cool and refreshing. The light brown sand feels soft underfoot. The white seagulls are swooping down for food, and make a high sounding chirp. The waves can be heard crashing on the shore. I scoop up a handful of sand and continue to walk. Looking closer at the many grains in my hand, I notice that most of the sand is light brown, some grains are black and others are white. The amount of grains are numerous, however, the amount of sand in my hand is so very very small when compared to what is on the beach and under the water.

Then I think.....

2. The Intellect in which we Reflect and analyse the subject.

There must be at least 36,525 grains of sand in my hand. If I live to be 100 years old, each grain can represent a day. In my life, some days are exceptionally good, as can be seen by the white specs. Some days are bad as can be seen by the black specs. Most days are average as can be seen by the light brown specs. Even though the grains are numerous, as I let them trickle out of my hand they are soon gone. Every day that passes by on earth is like a grain of sand trickling through my hand and I have less remaining. If the small amount of sand in my hand represents my life on earth, the large amount of sand on the beach and under the water represents my life after earth. The way I spend the days of my life on earth, determines how I will spend all the days of my life after earth. There are three paths I can take. Jesus Christ gives us many opportunities on earth to build up our treasure in Heaven.

The first path consists in endeavouring to love God with all our heart, mind, soul, and body, and our neighbour as our self. During our eternally long life after earth in Heaven, each day will be filled with joy that is so great, that it is even unimaginable. "For eye has not seen, nor ear heard, neither has it entered into the heart of man, what things God has prepared for those who love Him. (1Corinthians 2:9) We will shine like the bright stars in the sky.

The second path consists on doing the minimal to get by, and keeping our soul out of the state of mortal sin. During our life after earth, we will spend a long time suffering in the fires of purgatory. After this, we will experience incredible, unimaginable joy in Heaven, but not as much joy as the first path. We will shine like the very dim stars in the sky.

The third path consists of letting our souls fall into the state of mortal sin, then blame and curse God for our foolishness, and die without repenting. During our eternally long life after earth in Hell, each day will be filled with tortures so terrible, it is unimaginably painful.

I think about how much sand there is compared to the small amount in my hand, and I realize that eternity is even longer than the days compared to the number of grains of sand on the beach. I know that it is greater than all the grains of sand on the entire planet earth. This thought makes me realize, how very precious and important is the short time we are given here on earth. It may even be less than 100 years, or even a smaller handful of sand.

Then I make a resolution.....

3. The Will in which we make a Resolution regarding the subject.

I will try to do my best to choose the first path every day during this short life on earth. I promise to get to know and love Jesus by praying the Rosary and reading

the Bible. I promise to be true to my covenant with God and be united to Jesus by receiving Him in Holy Communion. I promise to faithfully try to serve Him, by doing acts of mercy for my neighbour. If I should fall into mortal sin, I promise to go straight to the sacrament of Jesus' mercy which is confession and beg God for the grace to amend my life. I will practice the Fatima Five First Saturday devotion to ensure I won't go to hell. To build up my treasure in Heaven, I will use mental prayer and I promise to beg God for the grace, that the three powers of my soul, my memory, my intellect, and my will, will be for the greater Glory of God."

Every time I see SAND, I will remember how short and precious this life is and how eternally long the after life will be.

### STEP 3 COLLOQUY:

Dear Jesus, thank you so much for giving your Holy Mother, the angels and the saints in Heaven to us in order to help us choose the right path every day.

## IV. PATRON SAINTS OF THE ANGELS OF THE LAST DAYS

The Angel member will be part of the spiritual army that the Holy Spirit will use to help bring about Jesus Christ' Kingship and renew the face of the earth. As seen by the scriptures, the Heavenly court will be joining the battle. The Blessed Virgin Mary is the Queen of the Angels and our Queen and the scripture's testified that she meditated often by "pondering these things in her heart...." (Luke 2:19) (Luke 2:51) She will be the primary intercessor for the Angels of the Last Days in order to best help bring about Jesus Kingdom upon earth. It was Our Lady's intercession that formed this apostolate. Angel members must always follow her example of humility.

We can help each other on earth, out of love. In Heaven, love is perfected and people in Heaven can help us on earth even more. The communion of saints will be a great aid to Angel members. The Angel members are recommended to read the lives of the Saints often.

All the Saints will help, however, thirteen Saints in Heaven will be the patrons of this lay apostolate.

### 1. Saint Michael the Archangel.

As seen by Revelations chapter twelve, he will help protect us from the evil spirits. Pray the Saint Michael prayer often (section II, 2.1).

### 2. Saint Gabriel the Archangel.



As he was sent by God to deliver the most important message to a human being, he will help the Angel members deliver messages/evangelize individually and through the mass media.

3. Saint Raphael the Archangel.

He will protect Angel members on their journeys, help out with healing ministries, encourage works of mercy, and help bring good things into our lives.

4. Saint Ignatius of Loyola.

The founder of the Society of Jesus (Jesuits). He wrote the spiritual exercises, and will help teach us how to meditate.

5. Saint Francis Xavier.

He was a Jesuit who learned how to meditate from Saint Ignatius of Loyola, and then travelled around the world to teach others how to meditate. He is the Patron of missions. He will help us to teach others how to meditate.

6. Saint Dominic

Founded the Order of Preachers, he received the Rosary from Our Lady. Countless miracles and conversions occurred with Saint Dominic and his companions. He set up a democracy for his order which the USA used as a model to set up their government. He will inspire us on how to pray the Rosary, use it as the "Weapon", evangelize with it, and to be humble when the miracles occur.

7. Saint Francis of Assisi

Founder of the Franciscan order, he saw Jesus as the King of the Angels, when he received the stigmata, (miraculous wounds of Christ). He also rebuilt a church called Saint Mary of the Angels. He promoted mental prayer by using live animals in the manger scene. He will help Angel members understand Jesus as king by showering graces of humility and simplicity upon us.

8. Saint John the Evangelist

In Revelations chapter 2 and 3, Jesus told him to write a letter to the "Angels during the Last Days". He meditated at the foot of the Cross when Jesus was crucified. Jesus said; "There is no greater love than this; that a man lay down his life for his friends." (John 15:13) As can be seen from his Gospel, three letters, and the book of Revelations, this "meditation" helped him to understand "Love" more than all the other scripture writers. He will help Angel members to understand the Cross and true love.

9. Saint Mary Magdalen

Meditated at the foot of the Cross when Jesus was crucified. She had Complete trust in the infinite mercy of God. She did not despair of the miserable state of slavery that she was in, but gave glory to God by allowing Him to save her. She listened to the Angel on Easter Sunday, then Evangelized the "Good News" to the Evangelist. She will help Angel members to meditate on the passion, encourage hope for repentant sinners, listen to angels, and to rejoice when sinners are

converted.

10. Blessed Sr. Faustina.

Jesus appeared to her several times throughout her life and gave a message of "Divine Mercy". She saw an angel, as described in the Book of Revelations, who could not pour out the vial of plagues upon the earth because people were praying the "Chaplet of Divine Mercy". She will help Angel members understand mercy, ask for mercy, live mercy, evangelize mercy, and have complete trust in Jesus.

11. Saint Louis DeMontfort.

He was a third order Dominican (O.P.) who wrote under guidance of the Holy Spirit, True Devotion to the Blessed Virgin Mary. The easiest, surest, fastest, and safest way to become a saint, is by being a holy slave of love to Jesus through the Blessed Virgin Mary. Great saints were predicted to rise up in the "Last Days" who were practising this devotion. Pope John Paul II and Mother Theresa of Calcutta are among them.

If you try to be a saint, or an imitation of Christ by your own efforts, it is like making a statue by carving it out of wood. It is very painful and time consuming, and easy to make big mistakes. An easy, short, surer and more perfect way is to use a mold. The Blessed Virgin Mary is the perfect mold which God used to form His Son Jesus. True Devotion is when the Blessed Virgin Mary, our Queen, molds us. Saint Louis DeMontfort will help us understand True Devotion so we can become great saints.

12. Saint Theresa of the Little Flower - Lisieux

Her vocation was to love. She performed small tasks with great love which made her a great Saint. She wrote the book "Story of a soul" that described her little way of love. She is a doctor of the Church and patron of missions. She will help Angel members to perform their mission with great love and humility.

13. The Wise Men

Saw the beautiful star and they rejoiced with great joy. They recognized the sign of the times, went on a pilgrimage, and found the Child with Mary His mother, and falling down they worshipped Him. (Matthew 2:11) Think of how many excuses they had for not acting. They will help us act wisely and courageously. In their wisdom, they saw God as the poor, humble, simple, helpless yet all powerful baby. They will help us to see God as the poor, humble, simple, helpless yet all powerful Eucharist.

"Dear God, Thank You for giving me the grace, that the three powers of my soul, my memory, my intellect, and my will, will always be for the greater Glory of God."